# VERSOPO LISTHREE LEDBURY TWENTYTWENTY

# cold-shiver-oil þorskalýsi

# Sigurbjörg Þrastardóttir

Translated by Pétur Knútsson, Bernard Scudder, Sarah Brownsberger and the author



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The Þ in the author's name is the Icelandic thorn character (lower case: þ) which is pronounced 'th' as in 'thick'. The other distinctive Icelandic letter is the eth character (lower case: ð; upper case: Đ) pronounced 'th' as in 'breath'. Both these characters feature in Old English (eg in *Beowulf*) and some dialects of Middle English (eg in *Sir Gawain and the Green Knight* but not in *The Canterbury Tales*).

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#### VERSOPOLIS

is a unique, Europe-wide platform.
It gives emerging European poets
the chance to reach an audience beyond
the boundaries of the language they write in
by translating and publishing their poems
and inviting them to perform at festivals.



#### VERSOPOLIS THREE

cold-shiver-oil

þorskalýsi

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Translated from the Icelandic by Pétur Knútsson, Bernard Scudder, Sarah Brownsberger and the author

Versopolis at Ledbury Poetry Festival 2020

SIGURBJÖRG PRASTARDÓTTIR (born 1973) is the author of eight poetry collections, a couple of novels and a few staged plays.

Her poetry cycle *Blysfarir* (*Torch Marches*) was nominated for the Nordic Council Literature Prize in 2009 and subsequently published in German and Swedish. Her poetry is widely translated for readings and anthologies in Europe and beyond.

Her mini-play *Decent People*, about Nobel Prize author Halldór Laxness, was staged at King's Place in London in 2016, and her radio drama *Boneshakers* was listed as Highly Commended in the BBC International Radio Playwriting Competition 2018.

Prastardóttir is the translator of Simon Armitage's poetry collection From Where We Stand (Paðan sem við horfum) published by Dimma in 2019. She also collaborates with musicians and visual artists, most recently with composer Ingibjörg Ýr Skarphéðinsdóttir on Klakabrennur II (Ice Fires II), a piece for mezzo-soprano and string quartet whose theme is climate angst. Her latest work in print is the poetry collection Hryggdýr (Triste Beasts).

#### TRANSLATORS OF THE POEMS IN THIS CHAPBOOOK

requiem: the author

cold-shiver-oil: the author with Pétur Knútsson

*by the exit*: the author

my breasts: the author with Pétur Knútsson

washout: the author

immigrant / june: Bernard Scudder

home delivery: Bernard Scudder

murder story: Bernard Scudder

we dry our tears: Sarah Brownsberger

the arctic circus: the author with Pétur Knútsson

#### requiem

Allt fólkið í kórnum á eftir að daprast sundur eins og sálirnar í messunum sem það syngur; allir barkar munu verpast og stökkva í tvennt kjálkabein veðrast og þindir þyngjast í svörð, en þó ekki fyrr en flutt hefur verið eitt verk enn eða tvö eða átta hundruð fyrir fullum sölum af brjóski og snittum því á meðan holdið hreyfist er mikilvægt að halda hópinn

#### requiem

All the people in the choir will wither apart like the souls in the services they sing; all windpipes will warp and crack in two, cheekbones will erode and diaphragms sink into soil, but not until they have performed one more piece or two or eight hundred before halls full of cartilage and canapés for while the flesh is moving it is important to clutch together

# proskalýsi

Einu sinni þegar Elísabet Englandsdrottning var tuttugu og tveggja ára stóð hún snöggt upp af baðkari og teygði hendurnar svo hátt til himins í einhverju bjartsýniskasti að hún fékk sárt tak í síðuna. Hún smeygði sér stillilega í mjúkar teygjubuxur sem einhver hafði smyglað inn til hennar og lá fyrir það sem eftir lifði þess dags.

#### cold-shiver-oil

Once upon a time when Queen Elizabeth of England was twenty-two she suddenly stepped out of a bathtub and raised her hands so high towards the sky in some fit of optimism that she felt a stinging stitch in her side. She slowly slipped into a pair of soft long trousers that somebody had smuggled into her room and lay quiet for what remained of the day.

# við útganginn

Sitjum ekki svona nálægt dyrunum, það gustar um glufur og

engin okkar vörn þegar nýju þjónarnir

koma og

láta ískra í lömum, af ásettu —

sitjum ekki þar sem okkur er sagt; við erum fimm, þeir nýir

og hlýtur að vega þungt að þrjú okkar eru börn

## by the exit

Let's not sit so close to the door, there is a draught through cracks and

we have no defence when the new waiters

show up and make the hinges screech, on purpose

let's not sit where we are told; we are five, they are new

and it should carry weight that three of us are children

#### brjóstin mín

Allegro non troppo, adagio non troppo, allegretto grazioso, piano, diminuendo, a piacere, allegro con spirito, tenuto, (agitato), grave, presto ma non assai, leggermente crescendo, con slancio, fortissimo, grandioso, larghetto, quasi andantino, allattante, mezzo forte, staccato, affettuoso, legato, giocoso, vivace, forte, meno mosso, amabile, alla marcia

Hratt ekki um of, hægt ekki um of, allgreitt með reisn, veikt, smám saman mýkra, að vild, hratt með andagift, haldið, (órólega), með alvöru, fljótt en þó ekki, lítillega vaxandi, með áhuga, mjög sterkt, hástemmt, nokkuð breitt, næstum á gönguhraða, mjólkandi, af hálfum styrk, slitið sundur, af tilfinningu, bundið, með gleði, líflega, sterkt, minni hreyfing, ljúflega, marserandi

dolente — með sársauka

#### my breasts

Allegro non troppo, adagio non troppo, allegretto grazioso, piano, diminuendo, a piacere, allegro con spirito, tenuto, (agitato), grave, presto ma non assai, leggermente crescendo, con slancio, fortissimo, grandioso, larghetto, quasi andantino, allattante, mezzo forte, staccato, affettuoso, legato, giocoso, vivace, forte, meno mosso, amabile, alla marcia

Quick but not too quick, slow but not too slow, pretty lively with grace, soft, gradually softer, at pleasure, fast and spirited, held, (restless), solemn, very quick but not extremely, lightly growing, with enthusiasm, very strong, magnificent, rather broadly, as if at walking speed, suckling, moderately strong, detached, affectionate, bound, merry, brisk, strong, less movement, pleasantly, on the march

dolente — mournful

#### útvatna

Í ákveðnum bjarma undir baðljósinu er ég tekin eins og langalangamma mín sem átti átta börn á þessum aldri og var hress, níunda barnið dó úr berklum, ég hlusta á Joan Baez úr málmhlut innan úr stofu og dýpka hrukkurnar til gamans því ég veit að þessir dalir undir augunum koma úr fjallinu ofan við sveitakirkjuna ömmu minnar sem var hress og ég maka á mig bláleitu kremi, mæli mér þverhandarbreiðan tannþráðarspotta úr glæru hulstri og slekk ljósið eins og hún hefði gert til að fara vel með

#### washout

In a certain glare under the bathroom light I am haggard like my great-great-grandmother who had eight children at this age and was swell, the ninth child died of tuberculosis, I listen to Joan Baez from a metal object in the living-room and dramatize my wrinkles for fun because I know these dales beneath my eyes are from the mountain above the country church of my grandmother who was swell and I smear myself with bluish cremes, measure a dental floss the size of my palm from a lucid case and put out the light like she would have done to skimp

# innflytjandi / júní

mér finnst það ætti að blanda beinaflísum í malbik og að þú ættir ekki að vera í svona háhæluðum skóm hér (þeir gætu sokkið hún er heit sólin)

ertu með svona há kinnbein?

að ganga alveg hljóðlaust gráta sig í svefn rífa e-ð í sig

er eina markmiðið í dag á morgun fáum við nýja hugmynd

mér finnst ég hafi séð þessi augu þín áður kemurðu oft hingað? hér voru miklu fleiri aðdáendur áður en vegurinn var lagður svona beint

hún er heit sólin, við samt þetta langt frá

#### immigrant / june

i think they ought to mix bone splinters into the tarmac and that you shouldn't be wearing such high heels here (they could sink it's hot the sun)

have you got such high cheekbones?

walking without a sound crying yourself to sleep wolfing something down

is the only goal today tomorrow we'll have a new idea

i think i've seen those eyes of yours before do you come here often? there were many more admirers here before the road was laid that straight

it's hot, the sun, though we're this far away

# heimsending

kemur maður hjólandi
inn í stofuna hjá mér
eyrnastór og drýpur af honum
óeirðaolía
nefstór og skálmarnar tættar
stígur af hjólinu
munnstór en segir ekki orð
olíubrák á gólfinu
kannski er ég hætt að skilja fólk en
hvað vill þessi maður?
er að hugsa um að bjóða honum eplasafa
þá skemmir hann þögnina
píreygður, skoðar sig um og segir:
já, varst þú að panta byltingu?

#### home delivery

a man comes cycling
into my living room
big-eared and dripping
riot oil
big-nosed and ripped pant legs
dismounts from his bike
big-mouthed but doesn't say a word
an oil slick on the floor
maybe i've stopped understanding people but
what does this man want?
i consider offering him apple juice
then he ruins the silence
squint-eyed, looks around and says:
yes, did you order a revolution?

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### morðsaga

haustið hætti við að fara kom aftur um jólin ég setti skóinn út í glugga og fékk píanó en líka þetta laufblað af björk setti það í þykka bók sem ég hafði aldrei lesið sé fyrst núna hvað það er kunnuglegt það hefur sama lag og hálsinn þinn innanverður ég gæti gert eitt ég gæti lagt það varlega í kokið á þér þannig gætirðu hætt að anda fyrirhafnarlaust rammíslenskt laufblað næfurþunnt er fallegasti dauðdaginn finnst þér ekki

#### murder story

the autumn decided not to leave came back at christmas i put a shoe in the window and got a piano but also this leaf of a birch tree put it in a thick book that i had never read see first now how familiar it looks it has the same shape as your throat and i could do one thing i could place it carefully in your gullet so you could stop breathing without effort a genuine icelandic leaf wafer-thin is the most beautiful way to die don't you think

20 21

# við þerrum tár

Pá fara
jakarnir
í
hungurverkfall
einn
ganginn enn
(ok við þerrum
óskær
tár)

"Hér er engin mannabyggð og langt á daginn liðið."

# we dry our tears

There go the icebergs on a hunger strike yet again

(and we dry our cloudy tears)

'This is a lonely place, and the hour is now late.'

#### heimskautasirkusinn

Tja,

maður er þetta, hva, fjórir aflangir skankar sem liðast út frá bráðhræddum bol

er nema von að manneskjur brotni

 $\sim$ 

#### the arctic circus

Well,

each of us is, what, four oblong extremities snaking from a flare-scared trunk

collapse is quite on the cards

